

Code of Conduct for Participants		
Version Date:	21-July-2025	
Version:	5.0	
Responsibility:	Matte Hart	

#### 1. Statement of Intent

Prime Acrobatics is committed to providing a caring, friendly, and safe environment for everyone. Participants are expected to behave respectfully to each other and to our staff. As a participant at our club, we would like you to observe this code of conduct.

Where the code of conduct is not observed, this will be investigated and discussed with the participant and their parent/carer. We wish to support all individuals involved and respond with any actions that we believe need to be taken. Depending on the severity / or frequency of the incident/s, the club may be left with no choice but to put sanctions in place for the individual, or even cancel or refuse membership and attendance at the club.

#### 2. General Conduct

- 1. To respect all staff, coaches and other participants. Rudeness, abuse, swearing, shouting, violence and inappropriate behaviour, whether in person, or by phone or email, will not be tolerated. Prime Acrobatics believes that it is important that all members associated with the club should always show respect and understanding of the safety and welfare of others.
  - All incidents will be fully investigated alongside the anti-bullying policy if applicable.
- 2. To ask questions if you are ever unsure of a task.
- 3. To build communication with coaches should there be a problem, concern or something you are worried about.
- 4. To always show support and encouragement towards fellow teammates and training partners.
- 5. To listen carefully to instructions from the coaches.
- 6. To always maintain a good standard of behaviour. Be polite, patient and refrain from the use of bad language.
- 7. To be considerate to others and always show excellent sportsmanship.
- 8. To understand that bullying and harassment of others is not acceptable. Even if an individual is frustrated, angry or upset, intimidating or threatening behaviour is not tolerated within the club as the health, safety and wellbeing of all members is our highest priority.
- 9. To be an excellent ambassador for Prime Acrobatics.

## 3. Attire

- 1. No jeans, hoods, dresses or loose clothing can be worn in the gym for safety reasons. Tight fitted shorts and t-shirts are most suitable. Prime Acrobatics offers a range of participation attire which can be purchased from reception (subject to availability).
- 2. British Gymnastics and the club have a strict no jewellery policy in the gymnasium. All jewellery must be removed, including stud piercings. Shoes and socks must also be removed.
- 3. All long hair should be suitably tied back.
- 4. If you need to wear glasses, please ensure these are shatterproof, ideally flexible framed and secure.

#### 4. Before the Session

- 1. Please arrive 10 minutes before the start of the class and ensure you are ready to participate.
- 2. Participants should use the restroom before the class to avoid any unnecessary interruptions.
- 3. No water bottles are to be taken inside the gym. There is a water fountain in the gymnasium, and you can ask your coach to make use of it.



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- 4. To be respectful of our furniture and ancillary areas.
- 5. Any specific circumstances or conditions surrounding a participant should be disclosed in advance to the club via our office staff. This will ensure that the coaches are aware of how they can adapt the sessions to suit any individual needs.

# 5. During the Session

- 1. For all pre-school classes (before 15:45) a parent or carer must remain on site. Also, for all after school classes, if your child is unable to use the restroom.
- 2. Parents/carers must refrain from interrupting classes.
- 3. Coaches will endeavour to make time before or after classes if a parent/carer wishes to speak to them. If this is not possible on the day the members attend their class, please go to the office and the staff will endeavour to schedule a meeting / call back at a suitable date and time.
- 4. Parents/ carers are responsible for other children in their care within the building at all times.
- 5. Prime Acrobatics have a strict NO unauthorised photography and video rule here in line with British Gymnastics policies.

### 6. Philosophy

- 1. To understand that without hard work and the right attitude you will not reach your full potential.
- 2. To appreciate that our coaches have your best interests at heart.
- 3. To remember that personal satisfaction comes from knowing you have tried your best.
- 4. To realise that the majority of fun and excitement comes from you trying to reach your goals.
- 5. Everyone has the right to enjoy and benefit from our activities.
- 6. The participant cannot expect to be successful on the first attempt of a skill, and they may have to persevere with the support of a coach.

Date	Summary of changes	Signed
July 2024	Change of terminology from gymnast to participant.	C.Brown
July 2025	Grammar corrections.	C.Parks