

We are open  
**47 weeks**  
of the year!



Acrobatics for **ALL**  
ages and abilities!

www.primeacrobatics.com | Tel: 01276 682900 contact@primeacrobatics.com

Version: 11/09/2024

**Acrobatic weekly class programme - Camberley (greyed out classes are not currently running):**

Time	Mon	Tues	Wed	Thurs	Fri	Time	Sat	Time	Sun
9.30-10.15	Babygym 1-2yrs	Gymtots 2-3yrs	Babygym 1-2yrs	Gymtots 2-3yrs	Supertots 3yrs +	9.00-9.45		09.00-10.00	
10.30-11.15	Gymtots 2-3yrs	Babygym 1-2yrs	Gymtots 2-3yrs	Babygym 1-2yrs	Babygym 1-2yrs	10.00-10.45		10.00-11.00	
11.30-12.15	Supertots 3yrs +	Supertots 3yrs +	Supertots 3yrs +	Supertots 3yrs +	Gymtots 2-3yrs	11.00-11.45		11.00-12.00	
12.30-13.15	Fledglings 3yrs + PF	Fledglings 3yrs + PF	Fledglings 3yrs + PF	Fledglings 3yrs + PF	Fledglings 3yrs + PF	12.00-12.45			
13.30-14.15	Fledglings 3yrs + PF	Fledglings 3yrs + PF	Staff meeting	Fledglings 3yrs + PF	Fledglings 3yrs + PF	13.15-14.00			
14.30-15.15	<b>Fun4Baby</b> 4mths- Pre-walking	Fledglings 3yrs + PF	<b>Fun4Baby</b> 4mths- Pre-walking	Fledglings 3yrs + PF	<b>Fun4Baby</b> 4mths- Pre-walking	13.30-14.30			
16.00-16.45	Gyminis 4-5yrs	Gyminis 4-5yrs	Gyminis 4-5yrs	Gyminis 4-5yrs	Gyminis 4-5yrs	14.00-15.00			
16.15-17.15	Junior 1 5-6yrs	Junior 1 5-6yrs	Junior 1 5-6yrs	Junior 1 5-6yrs	Junior 1 5-6yrs	14.30-15.30			
16.45-17.45	Junior 2 6-7yrs	Junior 2 6-7yrs	Junior 2 6-7yrs	Junior 2 6-7yrs	Junior 2 6-7yrs	15.00-16.00			
17.15-18.15	Junior 3 7-8yrs	Junior 3 7-8yrs	Junior 3 7-8yrs	Junior 3 7-8yrs	Junior 3 7-8yrs				
17.45-18.45	Junior 4 8-9yrs	Junior 4 8-9yrs	Junior 4 8-9yrs	Junior 4 8-9yrs	Junior 4 8-9yrs				
18.15-19.15	Junior 5 9-10yrs	Junior 5 9-10yrs	Junior 5 9-10yrs	Junior 5 9-10yrs	Junior 5 9-10yrs				
18.45-19.45	Junior 6 10-11yrs	Junior 6 10-11yrs	Junior 6 10-11yrs	Junior 6 10-11yrs	Junior 6 10-11yrs				
19.15-20.30	Youth 11-13yrs	Youth 11-13yrs	Youth 11-13yrs	Youth 11-13yrs	Youth 11-13yrs				
20.00-21.30	Teens 14+yrs		Teens 14+yrs	Teens 14+yrs	Teens 14+yrs				

**SHORT COURSES**

We will be running a mixture of short courses for children and teens, as well as classes for adults (age 16+). For more information, including days/timings, and to be added to our mailing list, email us at

[contact@primeacrobatics.com](mailto:contact@primeacrobatics.com)

**OPEN** during **half terms** and some **bank holidays**



Like us on  
Facebook



Follow us on Instagram  
@primeacrobatics



British  
Gymnastics  
More than a sport

## Acrobatic classes for those on our registers, unless specified as drop-ins:

### **Fun4Baby** (4 months – pre-walking, 45 mins)

**Pre-book only - email us at [contact@primeacrobatics.com](mailto:contact@primeacrobatics.com) with your child's name, DOB and your mobile number to set up an account for online booking**

Designed to further the bond between parent and baby in a fun, clean, safe and friendly environment. We use a multi-sensory approach with the help of music, hand apparatus and age-appropriate equipment.

### **Babygym** (walking, 1-2 yrs, 45 mins)

These classes are with parent; unstructured and based around a circuit of coach-led activity stations where your child can explore and discover movement at their own pace. Through music and action songs the children gain experience of social interaction with adults and children outside their family unit.

### **Gymtots** (2-3 yrs, 45 mins) **and Supertots** (3+ yrs, 45 mins)

Supported by a parent, these coach-led classes are more structured and give children the opportunity to use all the gymnastics and circus skills equipment. They can get to grips and have fun with age/ ability-appropriate challenges at their own pace.

### **Fledglings** (3+ yrs, parent free, 45 mins) Coach referral may be required for Fledglings classes

This is the first opportunity to join a class without a parent. Classes are designed to help develop basic motor skills including balance, coordination and spatial awareness. Your child will learn to interact in a group situation and take instruction from an adult other than their parent/ guardian, while developing their skills at their own pace on all pieces of gymnastic and circus apparatus in an enjoyable atmosphere. Before moving children into a Fledglings class, we first like to see them in a Supertots class so our coaches can make an informed decision on whether the child is ready to cope with a parent-free class.

### **Gyminis** (School reception age 4-5 yrs, parent free, 45 mins)

These classes for reception-age school children introduce them to our acrobatic club classes, where we aim for them to work in small groups of 6:1, and with a British Gymnastics qualified coach. Each child now starts working through Prime's very own Reward Scheme\*, where they are challenged according to their own ability.

### **Junior 1 – 6** (5-11 yrs, based on school year, 1 hr)

These hour-long classes for junior school age children help them to advance and continue to develop their gymnastics, acrobatics, aerial and circus skills in a more disciplined environment, challenging themselves to move up through the Reward Scheme\*.

### **Youth** (11-13 yrs, 1 hr 15 mins) **and Teens** (14-16 yrs, 1hr 30 mins)

We use the Reward Scheme\* to keep these young adults motivated and challenged. We help them develop their strength, mobility and awareness to expand the range and number of skills in their repertoire. Some may wish to specialise on their preferred piece or two of apparatus, do some partner work or undertake displays or competitions.

#### **\*Prime Acrobatics Reward Scheme**

Our Reward Scheme starts from beginners Level 10 to Level 1, where children receive a certificate for each level achieved, and then on to Bronze, Silver and Gold Levels, where they receive a medal. Each level has 13 gymnastic, acrobatic, aerial and circus skills and children need to perform 10 of those 13 moves to achieve that level. Early in the Scheme, children generally progress quite quickly but as the levels become harder it takes longer to progress through the Scheme.

**Please call us on 01483 755777 to find out more or to book a Taster session!**

#### **Prime Acrobatics**

17 Doman Road, Camberley, GU15 3DF  
Heather Farm, Chobham Road, Horsell Common, Woking, Surrey GU21 4XY