

| Code of Conduct for Participants |              |  |  |
|----------------------------------|--------------|--|--|
| Version Date:                    | 21-June-2023 |  |  |
| Version:                         | 2.0          |  |  |
| Responsibility:                  | Matte Hart   |  |  |

#### 1. Statement of Intent

Prime Acrobatics is committed to providing a caring, friendly and safe environment for all our members. Participants are expected to behave respectfully to each other and to our staff. As a participant at our club, we would like you to observe this code of conduct. Failure to do so may result in your membership being cancelled or refused.

## 2. General Conduct

- 1. To respect all staff, coaches and other gymnasts. Rudeness, abuse, swearing, shouting, violence and inappropriate behaviour, whether in person, or by phone or email, will not be tolerated
- 2. To ask questions if you are ever unsure of a task.
- 3. To build communication with coaches should there be a problem, concern or something you are worried about.
- 4. To continually show support and encouragement towards fellow teammates and training partners at all times.
- 5. To listen carefully to instructions from the coaches.
- 6. To always maintain a good standard of behaviour. Be polite, patient and refrain from the use of bad language.
- 7. To be considerate to others and always show excellent sportsmanship.
- 8. To understand that bullying and harassment of others is not acceptable.
- 9. To be an excellent ambassador for Prime Acrobatics.

#### 3. Attire

- 1. No jeans, hoods, dresses or loose clothing can be worn in the gym for safety reasons. Tight fitted shorts and t-shirts are most suitable. Prime Acrobatics offers a range of gymnastics attire which can be purchased from reception.
- 2. British Gymnastics and the club have a strict no jewellery policy in the gym. All jewelery must be removed, including stud piercings. Shoes and socks must also be removed.
- 3. All long hair should be suitably tied back.
- 4. If you need to wear glasses please ensure these are shatterproof, ideally flexible framed and secure.

## 4. Before the Session

- 1. Please arrive 10 minutes before the start of the class and ensure you are ready to participate.
- 2. Participants should use the rest room before the class to avoid any unnecessary interruptions.
- 3. No water bottles are to be taken inside the gym. There is water fountain in the gym and you can ask your coach to make use of it.
- 4. Any specific circumstances or conditions surrounding a participant should be disclosed in advance to the club via our office staff. This will ensure that the coaches are aware of how they can adapt the sessions to suit any individual needs.

# 5. During the Session

- 1. Parents/ carers of participants under 5 should remain on site at all times during class.
- 2. Parents/carers must refrain from interrupting classes.
- 3. Coaches will endeavour to make time before or after classes or alternatively parents can book an appointment with a coach through the office.



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- 4. Parents/ carers are responsible for other children in their care within the building at all times.
- 5. Prime Acrobatics have a strict NO unauthorised photography and video rule here in line with British Gymnastics policies.

# 6. Philosophy

- 1. To understand that without hard work and the right attitude you will not reach your full potential.
- 2. To appreciate that our coaches have your best interests at heart.
- 3. To remember that personal satisfaction comes from knowing you have tried your best.
- 4. To realise that the majority of fun and excitement comes from you trying to reach your goals.

| Date     | Summary of changes | Signed |
|----------|--------------------|--------|
| May 2024 |                    |        |
| May 2025 |                    |        |
| May 2026 |                    |        |
| May 2027 |                    |        |